



## The power of love: Clementine Ford shares her coming out story on LGBTQ+ podcast

The best-selling Australian author is known for her unapologetic feminist views, unflinching determination to hold online trolls to account, and unwavering advocacy of marginalised groups – and now she’s revealed her personal experiences of queer love on the UK’s most inclusive and diverse LGBTQ+ podcast, OUTcast.

**Clementine Ford** has shared deep insights and personal reflections on her experience of being a queer woman, in the season finale of OUTcast Podcast.

The best-selling Australian author, broadcaster and public speaker, who is known for her feminist manifesto *Fight Like a Girl*, and her follow-up book, *Boys Will Be Boys*, opened up about falling in love with women, what it was like coming out as LGBTQ+ at the age of 21, and how being LGBTQ+ has influenced her activism, in **Episode 8** of **OUTcast**, out on Monday 15 November 2021.

Ford, who is currently promoting her new book, *How We Love*, told OUTcast Podcast’s host, Rosie, “I came out when I was 21 and spent a lot of my teenage years not just hiding it from other people, but also hiding it from myself... More than anything, I feel like we should all be in control and in charge of our sexuality, and that all love is valid and all expressions of self are valid.”

The interview offers a rare insight into Ford’s sexuality and anecdotes of queer love that her many thousands of fans will no doubt appreciate discovering. In the episode, Clementine also discusses themes from her new book, *How We Love: Notes on a Life*.

“It was a real honour to get to speak with Clementine Ford in the first season of OUTcast Podcast,” founder and host **Rosie Pentreath** says. “Clementine has been on my dream guest list since I came up with the idea for the podcast in the summer, and it’s surreal to think that she is now the star of the Season 1 finale. I think fans of Clementine’s, as well as LGBTQ+ people and allies all over the world, will gain so much enjoyment, and a feeling of solidarity, hearing her coming out story and thoughts on what it means to love as a human.”

OUTcast Podcast was launched in September 2021 and it shares diverse coming out stories from **engaging, courageous** and **inspiring LGBTQ+ people** all over the world. In Season 1 of the podcast, a queer sex worker in Sydney, a transgender vicar in Cardiff, a Nigerian refugee in England, a Malaysian Gogglebox Australia star in Melbourne, an Irish clarinettist in London, a British RAF leader working internationally, and a retired singer-songwriter in Cornwall have all shared their stories of being LGBTQ+ across the generations – and across continents – in incredibly honest, moving and empowering conversations.

OUTcast Podcast is presented by **Rosie Pentreath**, a writer, editor and content producer who has ten years of story-telling through publishing, podcasts, video and public speaking under her belt. She has worked at Classic FM (Global), at MasterChef, Gogglebox and The X Factor Australia, and as a writer for Cosmopolitan, Grazia, Reader's Digest, BBC Music Magazine and Homes & Antiques magazine. With OUTcast, Rosie aims to unearth inspiring role models for LGBTQ+ listeners seeking solace and support, while expanding the LGBTQ+ community's network of engaged ally listeners.

**Rosie Pentreath says**, "I founded OUTcast Podcast to share coming out stories from inspiring, diverse and courageous LGBTQ+ people to help others in our community feel hopeful, supported, or one step closer to their own coming out journey. You can't be it if you don't see it. Hiding an important part of your life, or the core of who you are, is deeply painful, and it's always likely to come out in some way or another. Stories help us."

Season 1 guest and transgender priest, **Sarah Jones says**, "OUTcast is about being a positive influence, about being a little bit of light in potentially a bit of a dark place, and it's about sharing humanity and good stories."

Every episode of OUTcast is accompanied by a **beautiful illustration** of that week's guest, created by UK illustrator and graphic designer **Sam Osborne**.

Clementine Ford has over 500K followers on social media, and she has hosted her own podcast, Big Sister Hotline, since January 2020. Her new book, *How We Love*, is out now, published by Allen and Unwin.

***Listen to OUTcast now on Apple Podcasts, Google Podcasts, Spotify, Amazon, other podcast platforms, and via [outcastpod.com](https://outcastpod.com). Visit [outcastpod.com](https://outcastpod.com) and @OUTcastLGBT on social media.***

Contact: Rosie Pentreath at [info@outcastpodcast.com](mailto:info@outcastpodcast.com) for further information and media requests.

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#### **OUTcast Season 1 Guests (out now)**

Tilly Lawless; Sarah Jones; Victor Iringere; Tim Lai; Jessie Grimes; Mark Abrahams; Libby Pentreath; Clementine Ford

#### **OUTcast Season 2 Guests (confirmed so far)**

Novelist Patrick Gale; LGBTQ+ Editor Rob Harkavy; Actor Hanna van Vliet; Comedian Rosie Jones