



‘This is what a gay person looks like’ – comedian Rosie Jones shares her coming out story in thought-provoking podcast

Rosie Jones has become a regular fixture on our TV screens, and now she has appeared on inclusive British LGBTQ+ podcast, *OUTcast Podcast*, to share what it was like coming out after achieving fame with her comedy.

British comedian, writer and actor Rosie Jones has shared her coming out story in an open, honest and thought-provoking interview in the second season of *OUTcast Podcast*.

Jones took to the microphone to tell listeners what her first gay thought was, why it took her a long time to reconcile it with herself, and what it has been like navigating being an LGBTQ+ person with a disability.

“I remember when I was 16 Googling ‘Can you be disabled and gay?’,” the 31-year-old comedian tells *OUTcast Podcast*’s host, Rosie Pentreath. “Google did not help me with that question! So I literally believed the internet more than I believed my own head and my own heart. And I thought, ‘well, nothing on the internet is telling me that I’m a real person, so I guess I’m wrong.’”

In the enlightening interview, the comedian opens up about the importance of representation for people with disabilities, and how she has learnt to overcome the negative voice in her head to pursue what she loves.

“It was an honour and career highlight to speak with Rosie Jones for the season finale of the second season of *OUTcast Podcast*,” founder and host **Rosie Pentreath** says. “Rosie was incredibly generous with her time, and was wonderfully open and honest. I think her story will resonate with people with disabilities, and with LGBTQ+ people all over the world, as well as with allies and anyone listening who has ever had a

Listen to Rosie Jones on *OUTcast Podcast* here [🔊 outcastpod.com/episodes](https://outcastpod.com/episodes)

nagging voice of doubt in their head. Rosie is truly a force of nature, and her positivity and resilience is totally irresistible.”

OUTcast Podcast was launched in September 2021 and it shares diverse coming out stories from **engaging, courageous** and **inspiring LGBTQ+ people** all over the world. In Season 1 of the podcast, a queer sex worker in Sydney, a transgender vicar in Cardiff, a Nigerian refugee in England, a Malaysian Gogglebox Australia star in Melbourne, an Irish clarinettist in London, a British RAF leader working internationally, and a retired singer-songwriter in Cornwall all shared their stories of being LGBTQ+ across the generations – and across continents – in incredibly honest, moving and ultimately empowering conversations.

Season 2 picked up where Season 1 left off, featuring inspiring LGBTQ+ people from all four corners of the globe – from an Emmy award-winning gay author in Cornwall, to a queer actor in the Netherlands, and a trans model in Melbourne.

OUTcast Podcast is presented by **Rosie Pentreath**, a writer, editor and content producer who has ten years’ experience of story-telling through publishing, podcasts, video and public speaking. She has worked at Classic FM (Global), MasterChef, Australia, Gogglebox Australia and The X Factor Australia, and has written and edited for *Cosmopolitan*, *Grazia*, *Reader’s Digest*, *BBC Music Magazine* and *Homes & Antiques* magazine. With *OUTcast Podcast* Rosie aims to unearth inspiring role models for LGBTQ+ listeners seeking solace and support, while expanding the LGBTQ+ community’s network of engaged ally listeners.

Rosie Pentreath says, “I founded *OUTcast Podcast* to share coming out stories from inspiring, diverse and courageous LGBTQ+ people to help others in our community feel hopeful, supported, or one step closer to their own coming out journey.

“You can’t be it if you don’t see it. Hiding an important part of your life, or the core of who you are, is deeply painful, and it’s always likely to come out in some way or another. Stories help us.”

Season 1 guest **Sarah Jones says**, “OUTcast is about being a positive influence, about being a little bit of light in potentially a bit of a dark place, and it’s about sharing humanity and good stories.”

Every episode of *OUTcast* is accompanied by a **beautiful illustration** of that week’s guest, created by UK illustrator and graphic designer **Sam Osborne**.

With her infectious laugh and high energy, **Rosie Jones** has quickly become a must-see act on the UK comedy circuit. She has written for, and appeared in, numerous comedy shows on TV and radio, and is the author of the children’s book *The Amazing Edie Eckhart*.

Listen to OUTcast Podcast on Apple Podcasts, Google Podcasts, Spotify, Amazon, other podcast platforms, and via outcastpod.com. Visit outcastpod.com and @OUTcastLGBT on social media.

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